

Meal Plan - August

Please note this menu is subject to change

Week of: August 23 - 27	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast:	Cereal with milk	French toast with milk	Bagels with cream cheese and milk	waffles, sausage, milk	Cereal with milk
AM Snack:	Yogurt and pretzels	Cucumbers and ranch	Pudding and vanilla wafers	Carrots and ritz crackers	Fruit parfait with granola
Lunch:	Babies/ones: bagel pizza with watermelon and veggies 2's – Pre-K: Grilled cheese, peas and applesauce	Meatball hoagies, tater tots and pineapple with milk	Hot dog mac n cheese, mixed veggies and oranges with milk	Chicken nuggets, broccoli and cantaloupe with milk	Lasagna with green beans, peaches and milk
PM Snack:	Celery with ranch and crackers	Raisins and graham crackers	Popsicles and veggie straws	Popcorn mix and milk	Apples and pretzels